

# COVID-19 Risk Assessment

## Physical safety and risk of infection



### 1. Reducing risk of contamination and spread before/during/after a session.

#### **ACTION:**

- Room F will be cleaned and disinfected before appointments.
- The therapy furniture in Room F and other surfaces will be sprayed or wiped down with antibacterial spray/wipes.
- Clients can use the on-site toilet (as indicated by the therapist) and antibacterial wipes are available to clean down the door handle, toilet seat, flush area, taps and sink after use.
- Each client will wait outside Room F until asked to enter by their therapist.
- Only the therapist will open and close any doors and use hand sanitiser after.
- Therapist and client will sit at least 2m apart. When client is seated, they then can remove their mask.
- After each client leaves, windows and doors are left open for at least 5 minutes to air the room.
- Clients should bring their own drinking water as none can safely be provided at present
- Hand sanitiser and tissues are available throughout the session for clients to use at will

#### **Other Risk factors:**

To maintain confidentiality, it is not possible to leave the door open during sessions - whilst the risk of a confidentiality breach is low, many clients are likely to feel vulnerable to being overheard which could inhibit free expression. If the session is online or over the phone, then due to confidentiality both client and therapist will not record the session

## 2. PPE of therapist and client

### **ACTION:**

Hand sanitiser and tissues will be available throughout the session. On request, the therapist has single use paper face masks available for clients.

## 3. Social distancing in relation to entering/leaving and seating arrangements

### **ACTION:**

- The client will notify the therapist via text (or alternative method) that they have arrived in The Old Vicarage and wait until the therapist asks them to enter. Clients should wait on either of the two red chairs in the area outside Room F.
- The therapist will open the door fully and step back to allow the client to cross the threshold safely
- Hand sanitiser will be available for the client to use on arrival.
- The therapist will wait for the client to be seated. The settees are 2 metres apart.
- On leaving, the therapist will open door - maintaining social distance wherever possible.

## 4. Session length - impact of time spent in therapy room

### **ACTION:**

- To allow sufficient time to properly disinfect the room before the next client, all face to face session will finish on time.

## 5. Ongoing Review

### **ACTION:**

Each party holds an obligation to be aware of and report to the other, any factors which may occur which could increase the risk of infection during the time of the face to face sessions.