



'No one is in your mind-you are its only driver!'

July 2020

I am delighted to be able to see clients face to face once again in the practice in Nailsea.

For your safety, justU have adapted their systems and protocols to ensure that these are in-line with all relevant guidance at this present moment in time. As and when the Covid-19 risk level reduces justU's safety measures will also be adapted.

We understand you may feel anxious about coming into the practice in Nailsea for Counselling, but be reassured justU take the risks associated with Covid-19 very seriously and have introduced various measures to ensure your safety.

#### **Information around keeping safe upon your visit.**

- Provided outside the practice door is alcohol-based hand sanitiser to use on entry and departure. Inside the practice, there is a bottle of alcohol-based sanitiser on the desk and the mantle near the settee designated for you the client.
- The door to the practice will be open before you enter so you the client do not have to touch the door handle; the counsellor will wait until you are seated before they shut the door and will open the door for you to leave.
- The settee with its back against the bookcase on your left is for you the client and justU's protocol is that after each client the settees and all chairs inside the practice and in the waiting area will be sprayed with Dettol all in one disinfectant spray for soft surfaces. The door handles and all surfaces are cleaned with antibacterial multi-surface wipes.

There is a **Catch it, bin it, kill it poster** outside the door of the practice and in the practice. We kindly ask that you be mindful when you sneeze or cough to follow the catch it, bin it, kill it protocol to reduce the spread of germs and viruses.

Please be mindful that Covid-19 is a fluid situation and the guidelines are quickly evolving when further information is released, justU will adapt their practice accordingly.

Kind Regards

*ABangham*

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